

Camp St. Charles Medical Procedures 2010

In your confirmation package, you received a Camp St. Charles Health Form. The completed form is required for camp attendance, all required information is necessary for us to meet and exceed the Maryland Department of Health and American Camp Association (ACA) Guidelines. Be sure to review and complete all portions of the form. (including immunization records, etc.) In the unlikely event of a serious illness or injury, that form will be critical in providing emergency care for your child.

Hints for Completing the Health Forms:

1. Read, SIGN and Complete all pages of the Camp St Charles Health Form.
2. Have a Doctor Or Nurse Practitioner Complete the Back page of the Form.
 - a. In the event that your child has had physical within the last 24 months, most doctors have been willing to complete the form without another exam. Copies of another physical form may be included in addition to the Camp St. Charles form but **not** instead of.
 - b. **If your child has ANY potentially serious medical conditions (asthma, heart condition, epilepsy, diabetes, etc), they must have had a physical within 12 months of camp attendance.** The camp director may require a 12 month physical for any child with a concern. If you are not sure, please contact Laura Hall, 301-934-8799 or csclaurahall@gmail.com.
3. Include a photocopy of both sides of your insurance card.
4. If your child is restricted from participating in any activities at camp, they must also sign the health form. Be sure to discuss any limits with the camp director and your child prior to camp attendance.
5. **Make a copy of the Health Forms and bring them with you to camp.** Just in case there is a mix up or delay in the mail, we will have all of your forms.

Completed Medical Forms are Due Two Weeks prior to attendance at camp.

Mail your completed forms to
Laura Hall, Camp Director
15375 Stella Maris Drive
Newburg MD 20664

Medications

Any child who will be regularly taking medications (in pill form) at camp must register with campmeds.com. Their **prescriptions and OTC meds will be packaged by the campmeds** pharmacy and sent directly to camp. In the event that a camper's insurance will not work with the campmeds program, they will not be required to use campmeds. However, campmeds must verify that your child's insurance will not work with their program. More details are included in this mailing and online. Submit all campmeds paperwork at least one month prior to your child's attendance at camp. This is not required for "as needed" meds, rescue inhalers, etc. Please contact camp with any questions.

In the event that your child's meds cannot be administered via camp meds, families must provide a second prescription medication bottle so that we can administer medications while away from camp.

"Emergency" medications will be available within minutes, if needed. Campers are not permitted to have any medication in their possession while at Camp. This applies to prescription and over the counter medications (including items such as anti-itch creams). Camp stocks all over the counter medications listed on the Health form.

ALL Parents of children who are taking medication must see the nurse (with your camper) on the first day of camp. Each parent will speak with the Infirmarian/Nurse about any medications that their child will be taking while at camp. At this time, parents will be able to check that all medications filled by campmeds are packaged and labeled correctly to avoid any errors. Any parent with a concern or question is welcome to meet the camp nurse on check in day at camp.

Sickness at Camp

If your child were to become ill while at camp, they would be treated by our camp infirmarian. If your child needed to remain in the infirmary overnight, you would be notified.

In the event of serious illness or an injury, your child will be taken to Civista Medical Center or MedSurg Walk-In Clinic or another area urgent care clinic for treatment. Civista is located in LaPlata. You would be notified immediately in such a case. Please be sure that the camp health form has all the necessary contact information. If you will be traveling, please provide some local friends of family that we may contact in the event of an emergency.

In the event that your child required a prescription due to illness or injury, Camp would purchase the prescription. Parents are required to reimburse camp for the prescription and any copay that may be due at the time of treatment.

In the past, we have taken campers for treatment (with parental permission) of conditions such as ear infections, minor injuries, etc. It has become increasingly difficult for our staff to manage these non-emergency doctor visits, mainly due to difficulty in determining where a child's insurance can be utilized. . In most cases, we will ask parents to take care of non-urgent, non-emergency visits. Of course, in the event of a parent being out of the area, we can provide any treatment necessary.